**A Self-Study Guide to General Psychology, Revised 2015**

**(Psychology 1: Introduction to Psychology)**

**PART I: INTRODUCTION to PSYCHOLOGY**

**A. Know the ETYMOLOGICAL and MODERN DEFINITIONS of PSYCHOLOGY. Explain its definitions. Provide and defend your own definition.**

**B. Know the GOALS of PSYCHOLOGY. Provide a description for each goal.**

**C. Describe the different SCHOOLS of PSYCHOLOGY. Know their proponents and the main ideas associated with them.**

 **1. Structuralism**

 **2. Functionalism**

 **3. Gestalt Psychology**

 **4. Behaviorism**

 **5. Psychoanalysis**

 **6. Cognitive Psychology**

 **7. Humanistic Psychology**

**D. Describe the various FIELDS of PSYCHOLOGY. Make a hierarchical arrangement of these fields and find the distinguishing feature of each field.**

 **1. Social Psychology**

 **2. Counseling Psychology**

 **3. Vocational Guidance**

 **4. Educational Psychology**

 **5. Developmental Psychology**

 **6. Child Psychology**

 **7. Personality Psychology**

 **8. Industrial Psychology**

 **7. Clinical Psychology**

 **8. Psychometrics**

 **9. Others**

**E. Explain the uses of the METHODS of RESEARCH. Give one example --- that was actually utilized in research --- for each.**

 **1. Survey Method**

 **2. Observation Method**

 **3. Experimental Method**

 **4. Clinical Method**

 **5. Interview Method**

**F. Know the IMPORTANT PEOPLE in PSYCHOLOGY and their contributions.**

 **1. Aristotle**

 **2. Rene Descartes**

 **3. Thomas Hobbes**

 **4. Ernst Weber**

 **5. Hermann von Helmholtz**

 **6. Charles Darwin**

 **7. Gustav Fechner**

 **8. Sir Francis Galton**

 **9. Wilhelm Wundt**

 **10. William James**

 **11. Edward Titchener**

 **12. Edward Thorndike**

 **13. Sigmund Freud**

 **14. Alfred Binet and Theodore Simon**

 **15. Ivan Pavlov**

 **16. William McDougall**

 **17. John B. Watson**

 **18. Wolfgang Kohler**

 **19. B. F. Skinner**

 **20. Jean Piaget**

 **21. Others**